



Our Way self advocacy



Issue February 2024

NEWSLETTER



In December we held our Christmas Party at Kidderminster Rugby Club where over 80 members attended! We had a fantastic time, dancing, eating, socialising, and generally getting in to the festive spirit!! Thank-you to Kidderminster Rugby Club for having us, to DJ John from Big Entertainments for supplying the great tunes all night long. A thank you to our wonderful Trustees and Volunteers who gave up their time to make the evening a great success, and of course the members, the evening wouldn't have happened without you!

At the Christmas Party, we took the opportunity to let everyone know that we have been successful in our recent Lottery Grant.

Find out more about this, in this Newsletter!!

What's been happening

Young People's Group

Young People enjoyed a Christmas Bowling trip, where we tucked into pizza and chips. Sessions continue to get busier, with new members joining regularly. During the sessions young people socialise with friends as-well as making new ones. Young people have recently been helping staff to buy new equipment as-well as planning the upcoming trips and activities for future sessions.



Russell House

We have continued to visit Russell House monthly where the young people have been contributing to our Keeping Safe booklet, which is about Hate and Mate crime.

In December we enjoyed making Christmas Cookies, and in January we made some Gooley Chocolate Brownies.

We look forward to some arts and craft sessions over the coming months



DY10 Evenings

Our Wonderful DY10 Nightclub evenings return on **Monday 19th February, 7pm-10pm** at Nu-Bar in Kidderminster.

We have some fantastic themed evenings this year (Fancy Dress is optional, although very much encouraged).

You can find the full list of this years dates below, or visit our Facebook page to download or save the flyer

Our Way self advocacy

DY10 NIGHTCLUB

7pm-10pm

2024 Dates

- Monday 19th February (Valentines Theme)
- Monday 18th March (Easter Theme)
- Monday 15th April
- Monday 20th May (80's Theme)
- Monday 15th July
- Monday 16th September
- Monday 21st October (Halloween)
- Monday 18th November

£5 per person On the door (Over 18's only)

Dy10 nights are exclusive night club evenings for people with Disabilities

NU BAR, New Road, Kidderminster, DY10 1AE

Our Way Football

Cold and Wet weather hasn't dampened the enthusiasm of the Our way footballers who have continued to turn up for training on Sunday mornings during the winter months.

October saw the start of the 3 Counties All Ability Counts league in Worcester.

Our Way - Cookley football team have welcomed the competitive competition making a positive start by winning most of their matches. They look forward to the second half of the tournaments when they resume in February at Hereford.



Football training at the Wyre Forest Leisure Centre in Kidderminster takes place every Sunday from 10.30am to 11.30am. (See events page for more info)

Arts and Crafts Sessions

The wonderful Heidi from SM Lawson Solicitors has kindly offered her time to run some craft sessions throughout 2024 where we are asking members to make some lovely gifts which we then hope to sell at a stall in January. If you would like to join these **FREE** sessions, please keep an eye on our events page.



West Midlands Self Advocacy Network

It's been a busy few months for the West Midlands Self Advocacy Network. They have been out and about in their communities sharing their experiences and voices with community groups and organisations. Our most recent project is public transport and the use of bus passes.



Men's and Ladies Groups

Both the Our Way Ladies and Men's groups have been enjoying some engaging and creative activities, Christmas gift making with Heidi, Bowling and Crazy Golf In Worcester.

We also watched a Christmas Concert in Stourbridge



Gardening Project

There has been lots of jobs to do in the garden planting spring bulbs, sweeping up the leaves and keeping the weeds at bay.

Our woodwork skills have been recognised and we have had several requests to make bird tables which we have been able to successfully deliver.



Hate & Mate Crime Workshops

We have held monthly Hate and Mate Crime meetings. Members have been able to share their experiences and views with West Mercia Police and Victim Support. This work is going towards creating a Keeping Safe booklet which will help people to understand and deal with Hate and Mate Crime situations.

The booklet project has been funded by Worcestershire Community Foundation in partnership with the Police and Crime Commissioner.



Lottery Funding

We have been successful in our application to the National Lottery Community Fund to fund our Stars in the Sky project over the next 5 years.

This project supports our members in building their relationships, confidence and independence through our events and workshops.

With this funding we are hoping to employ someone to concentrate on fundraising and working towards Our Way Self Advocacy becoming less reliant on large grants.

We will be running some workshops to support our members to work on their budgeting skills and we hope to work with other organisations and banks to gain the skills and knowledge in order to do this.

The grant will help us continue the fantastic work that happens here at Our Way Self Advocacy. As always, a huge thank you to all of our members for their part in our organisation, and also to all of the National Lottery players. Because without you, this would not be possible!



Our Way Chr



Christmas Party






Our Way Events

Over the past 3 months we have enjoyed getting competitive at Full Throttle Raceway and racing round the track for a morning, we visited Waterworld in Stoke, where we had a splashing good time, unfortunately the train strikes put an end to our Victorian Christmas Market plans but instead we replaced it with a lovely walk in Brintons park followed by a warm and a lovely lunch. We laughed our way through the Cinderella pantomime in Malvern, and had a good bounce at Rush trampoline park. We have walked miles whether it was in Hagley, Brintons Park, round the Rifle Range, Habberley Valley or Bodenham Arboretum, and enjoyed every muddy moment

Keep an eye on our Events page to see what's coming over February, March and April!



Events

Date	Time	Event	Where	Cost
<p>Please book for trips and events before the day, with as much notice as possible, as our events fill up quickly.</p> <p>We welcome online payments wherever possible.</p> <p>When booking online, please make a reference to the trip you are attending.</p> <p>Our Bank Details are:</p> <p>Our Way Self Advocacy. Sort Code: 40-52-40.Account Number: 00015411</p>				
Friday 2nd February	11am-1pm	Keep Fit with Luan	Youth House	£ 3
Tuesday 6th February	11am-1pm	Ladies Group 	Sexual Health At the Youth House	Free
Friday 9th February	10:30am-3:30pm	Bowling	Perdiswell Worcester (For transport please contact us to book your place on the bus. Limited spaces) <i>Drivers can meet us there at 11am WR3 7SN</i>	£ 10 Bring money for food or a packed lunch
Friday 16th February	10:30am-12noon	Walk 	Brintons Park Meeting at the bandstand	Free
Monday 19th February	7pm-10pm Valentine Theme	DY10 Nightclub 	Nu-Bar <i>Access through the back via carpark</i>	£ 5 (on the door)
Tuesday 20th February	11am-1:00pm	Craft Session	Youth House	Free
Friday 23rd February	10am-4pm	Gloucester Docks	Gloucester (For transport please contact us to book your place on the bus. Limited spaces)	£ 5 Bring spending/ lunch money

Date	Time	Event	Where	Cost
Tuesday 27th February	11am-1pm	Men's Group 	Sexual Health At Youth House	Free
Friday 1st March	10:30am-3pm	Webbs Garden Centre	Wychbold (For transport please contact us to book your place on the bus. Limited spaces) <i>Drivers can meet us there at 11am</i>	£ 5 Bring spending/lunch money
Tuesday 5th March	11am-1pm	Ladies Group 	TBC	TBC
Friday 8th March	10:30am-12noon	Walk 	Springfield Park Meet at the carpark <i>Springfield Ln, Kidderminster</i>	Free
Friday 15th March	10am-4pm	Dudley Zoo	Dudley (For transport please contact us to book your place on the bus. Limited spaces)	£ 12 Bring a packed lunch or money for cafe
Monday 18th March	7pm-10pm Easter Theme	DY10 Nightclub 	Nu-Bar <i>Access through the back via carpark</i>	£ 5 (on the door)
Tuesday 19th March	11am-1pm	Craft Session	Youth House	Free
Friday 22nd March	10:30am-12noon	Walk 	Rifle Range Meeting there <i>Rifle Range Rd, DY11 7NA</i>	Free
Tuesday 26th March	TBC	Men's Group 	TBC	TBC

Date	Time	Event	Where	Cost
Tuesday 2nd April	TBC	Ladies Group 	Youth House	£ 3
Friday 5th April	10am-3pm	Laser Tag & Archery	Stottesdon (For transport please contact us to book your and place on the bus. Limited spaces)	£ 25 Bring a packed lunch
Friday 12th April	10:30am-12noon	Walk 	Habberley Valley Meeting there <i>Habberley Rd, Kidderminster DY11 6AA</i>	Free
Monday 15th April	7pm-10pm	DY10 Nightclub 	Nu-Bar <i>Access through the back via carpark</i>	£ 5 (on the door)
Tuesday 16th April	11am-1pm	Craft Session	Youth House	Free
Friday 19th April	10am-4pm	British Motor Museum	Gaydon (For transport please contact us to book your and place on the bus. Limited spaces)	£ 15 Bring money for lunch at café or a packed lunch
Friday 26th April	10:30am-12noon	Walk 	Blackstone Park Bewdley Meeting there <i>Bewdley DY12 1PU</i>	Free
Tuesday 30th April	TBC	Men's Group 	Youth House	£ 3

Weekly Sessions

Day	Time	Event	Where	Cost
Mondays	5pm - 6:30pm	Young People's Group	Youth House <i>Bromsgrove Street, Kidderminster DY10 1PF</i>	£ 1
Wednesdays	5pm-6:30pm	Advocacy Group	Youth House <i>Bromsgrove Street, Kidderminster DY10 1PF</i>	£ 3
Thursdays	10:00am-10:45am	Zumba	Youth House <i>Bromsgrove Street, Kidderminster DY10 1PF</i>	£ 3
Thursdays	11:00am-1pm	Coffee Morning	Youth House <i>Bromsgrove Street, Kidderminster DY10 1PF</i>	Free
Sundays	10:30am-11:30am	Football	Wyre Forest Leisure Centre <i>Silverwood's Way, Stourport Road, Kidderminster DY11 7DT</i>	£ 3
Please note, there will be no Football on Sunday 18th February or Sunday 31st March				

Our Way members and friends have been visiting Worcestershire towns to update and recruit Safe Places.

We have Safe Places cards available at the office. Please contact us if you would like one. This will show your emergency contact details.



Contact details

If you would like to take part in any of the sessions/activities or would like more information about them, please ring one of the numbers below.

Caroline: 07876 834225

Selina: 07906 267641

Cat: 07772 179782

Office: 01562 820262

If you need any help or advice, please ring one of the following numbers:



Office 01562 820262



Caroline 07876 834225

Cat 07772 179782

Selina 07906 267641

If you would like to email us our email addresses are as follows:



office@ourway.org.uk

caroline@ourway.org.uk

cat@ourway.org.uk



or find us on Facebook



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