



Our Way self advocacy



Issue 17

July 2021

NEWSLETTER



Wedding Bells!



**Congratulations to Natalie and Tim on their
marriage!**

We wish them well for the future!

What's been happening

Young People's Group

The Young People's group have enjoyed returning to the Youth House on Monday evenings and having the opportunity to meet up with their friends to play games and share activities. During the summer holidays we will be running our summer activities programme.

We would like to welcome Kat to our team! She will be helping at the Monday Night Youth Group



Safe Places Scheme

Now that Covid restrictions have been lifted, We are updating Worcestershire Safe Places. A new addition is the Geek Retreat in Kidderminster town.



Football

Galaxy Stars took part in Worcestershire Disability Festival of Football at the new Worcestershire FA Headquarters. Well done Galaxy Stars for reaching the semi finals! There will be no football training during August, however it will return on Sunday 19h September.



Football returning 10.30am - 11.30am on Sunday 19th Sept at Wyre Forest Leisure Centre.

Housing Project

We would like to take this opportunity to congratulate Ross on the purchase of his first flat! Ross received the news that his Landlord was intending to sell the flat where he was living, and with the support of his family and the Our Way Housing Project he has managed to get a mortgage to purchase his flat.

The Housing Project has been busy supporting people who are already living independently to maintain their tenancies, by supporting with their utility bills and any other areas that people would like help with.



If you need any help or support with your housing, please contact Cat!

Gardening

Our Way gardeners have been busy planting and taking extra care of our garden during these very warm days. So far, we have harvested strawberries, courgettes, spinach and salad leaves. We shall be looking forward to sampling the tomatoes!

Here is John with our first courgette



The gardening project takes place every Tuesday afternoon from 12.30pm to 2pm.

We have enjoyed some lovely walks during the early summer. It has been nice to be able to get out and meet up with friends whilst enjoying the exercise and fresh air.



Springfield Park



Worcester Visit



Bromsgrove Walk



Bromsgrove Walk



Droitwich



Springfield Park

Rifle Range, Kidderminster



Springfield Park



Springfield Park



Laser Tag

Young People's group have been baking some tasty cookies with Kat!



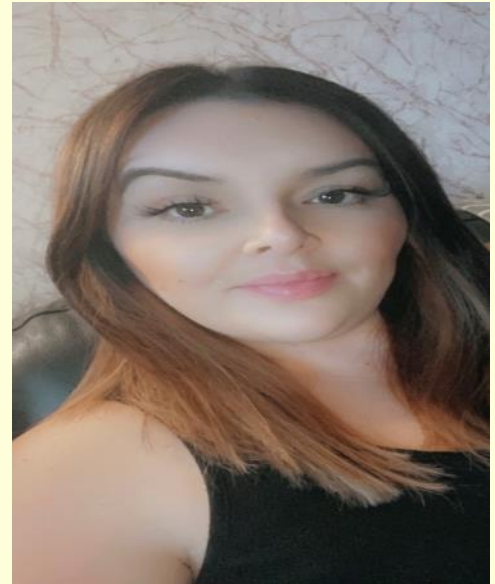
Drum's Park, Kinnearminster

Fore! This was our Crazy Golf day, where there were some great hole in ones. We then cooled down with some delicious ice cream.



We would like to welcome another new member to Our Way.

Selina has joined us as our office administrator. So you will meet her on coffee mornings and will be the person you speak to when you call in to our office.



A huge farewell

After 17 dedicated years to Our Way, Margaret is deservedly going into retirement at the end on July, however you may still see her on future walks with our way members. We would like to say thank you for her hard work over the years and wish her all the very best in her retirement.



Zumba

Events

Date	Time	Event	Where	Cost
Monday 26th July	1-2.30pm	Inflatable Fun Session	Sports Hall at the Youth House (Back Gate Entrance)	£10
Tuesday 1 July	11am-noon	Men's Group	Youth House	Free
Thursday 29th July	10am	Zumba	Youth House	£3
	11am	Coffee Morning	Youth House & zoom	Free
Friday 30th July	10.30am	Walk	Stourport	Free
Tuesday 3rd August	09.45am	Bewdley Day Out	Meet at Youth House	Bus Fare & lunch money
Thursday 5th August	10am	Zumba	Youth House	£3
	11am	Coffee	Youth House & Zoom	Free
Friday 6th August	10.30	Walk	Bromsgrove Sanders Park	Free
Tuesday 10th August	11am-noon	Women's Group	Youth House	Free
Thursday 12th August	10am	Zumba	Youth House	£3
	11am	Coffee Morning	Youth House & Zoom	Free

Date	Time	Event	Where	Cost
Friday 13th August	11am 10.30am	Walk	Malvern Brinton's Park	Free
Tuesday 17th August	11.00am	Crafts / activity	Youth House	TBC
Thursday 19th August	10am 11am	Zumba Coffee Morning	Youth House Youth House	£3 Free
Friday 20th August	10.30am	Walk	Habberley Valley	Free
Tuesday 24th August	11am-noon	Men's Group	Youth House	Free
Thursday 26th August	10am 11am	Zumba Coffee Morning	Youth House Youth House & Zoom	£3 Free
Friday 27th August	10am	Walk	Wyre Forest (Youth House at 10am for transport or Wyre Forest for 10,30am)	Free

Zoom Sessions

Day	Time	Session
Every Thursday	6pm - 6.30pm	Guided Meditation via Zoom
Every Thursday	11am	Coffee Mornings

Contact details

If you would like to take part in any of the sessions/activities or would like more information about them, please ring one of the numbers below.

Caroline: 07876 834225 Cat: 07772 179782 Office: 01562 820262

For security reasons you will need to obtain a password from Caroline or Cat before you can take part in a Zoom session.

If you need any help or advice, please ring one of the following numbers:



Office 01562 820262



Catherine 07906 267641

Caroline 07876 834225

Cat 07772 179782

If you would like to email us our email addresses are as follows:



office@ourway.org.uk

catherine@ourway.org.uk

caroline@ourway.org.uk

cat@ourway.org.uk



or find us on Facebook



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