



Our Way
self advocacy



Issue: May 2026



NEWSLETTER



Spring is finally upon us! We have been busy as usual prepping our gardens to plant fruit and vegetables, whilst enjoying the sunshine wherever possible!

Members have repaired garden beds, made new containers and chosen plants and seeds ready for planting.

We have some exciting trips lined up for the next 3 months!-

including The Summer Ball!!

Don't forget to check our event's page to see what we have in store for the Summer!



WHAT'S BEEN HAPPENING



YOUNG PEOPLE'S GROUP

During February, the young people visited Hollywood Bowl for their Half Term trip. We had a great time bowling and playing on the arcade games. In April, we visited Air-hop Trampoline park in Birmingham where the young People spent an hour bouncing! This was great fun and allowed the young people to play games and challenge each other in various activities around the centre. We continue to welcome new members and cook each week, along with welcoming Russell House residents and having lots of fun!





The first half of our football season has proved to be very busy with weekly Sunday morning training sessions at the Wyre Forest Leisure Centre and our 2 teams playing in Worcestershire All Ability Counts football tournaments in Evesham and Redditch.





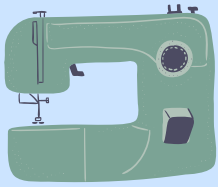
MEN'S & LADIES' GROUPS



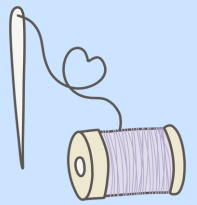
Our Way Ladies' have enjoyed their monthly get togethers, starting off with a visit to Webb's Garden Centre for lunch and a little shopping. In March they held a Baking Challenge at Youth House and made some tasty cakes. April saw a visit to the 'Severn Valley Animal Rescue Centre' where they were able to learn about and meet all the wonderful animals.

Having the opportunity to share their hobbies and interests inspired the Men's group to get out and about. They have been to 'Pockets' in Kidderminster to play snooker and spent the day in Birmingham where they had great fun showing off their football skills at TOCA Interactive football experience





CRAFT SESSIONS



Our monthly Craft sessions continue to be well attended, and produce some lovely pieces.

The wonderful Heidi comes up with some lovely original activities each month to suit all abilities and interests.

Remember at the first Coffee Morning of each month we have a 'Pop Up Craft Table' where you can purchase any of the crafts made for a small donation.

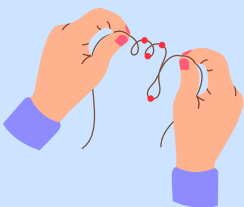


POP UP CRAFT TABLE @ Our Way self advocacy TODAY 11AM-1PM

Everything for donations, no price tags!!

All your lovely crafts, that you've made throughout the year!!

During Coffee Morning, at Youth House



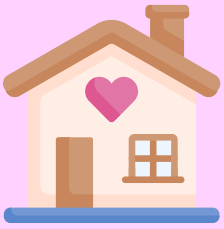
TRAVEL TRAINING



Many of our members have let us know that they would like some support with Travel Training!!

In March we supported Michael in building his confidence and learning a new route. We did this both via the trains and the bus! Following the feedback we have popped a day trip to Worcester onto our events Calendar where we will be travelling by train, however, we will be looking at how to buy your ticket, look for the right train to get and what we can do if it gets cancelled. We will have limited spaces on this trip due to the nature of the work we will be doing





HOUSING



Thanks to funding from 'Awards for All' and 'Skipton Building Society' we have been able to get our housing project back up and running.

In March Pete moved into his new flat. Furnished by the kindness of his friends and supporters. Pete has settled in well, having organised all his utilities and correspondence. He is looking forward to the future in his new home





FUNDRAISING

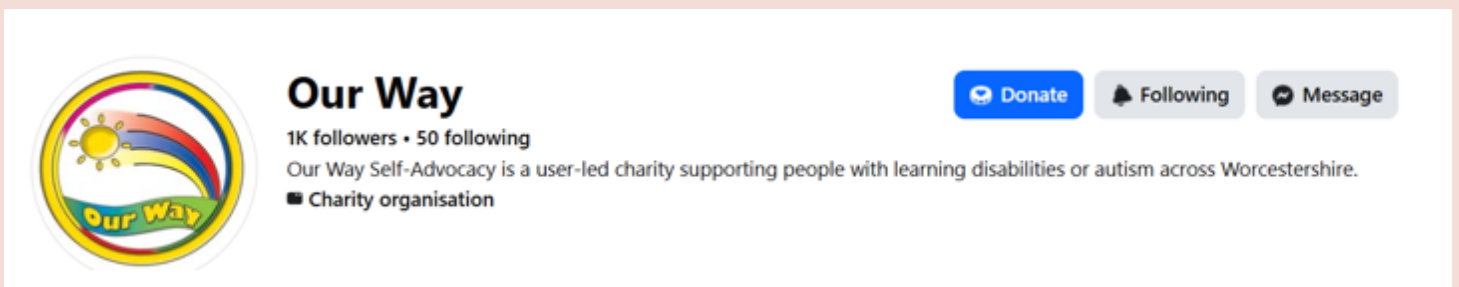


Richard continues to do a fantastic job at raising funds for Our Way Self Advocacy, with successful bids coming back from both Albert Gubay and The Bailey Thomas Charitable Fund to cover the one-one support work that happens here every day, under the radar!! This will enable us to recruit a new member of staff to work on a one-one basis with our members supporting them with their individual needs and appointments.

We have also added a **DONATE** button to our Facebook page and Website allowing people to make donations to us, as-well as through their own 'GoFundMe' pages for sponsorship events.

We are truly grateful to everyone that makes donations, they are a great support to us!

Thank-You!



*Thanks For
Your Support*





WORKSHOPS

In November we held our first Digital Inclusion Workshop in partnership with Worcestershire County Council. This was a session where we were trialing online forms to see what needed to be changed to make them more accessible. This was a great session where Helen and Stacey were able to gain lots of really valuable feedback. By the end of the session one of our members even applied for their own replacement bus pass for the first time by themselves!

In April we welcomed Stacey, Helen and Lucy back for a follow on session, where we trialed their new forms with the changes put in place that we had suggested!

In March we welcomed Naomi back from 'Seetec Plus' to run a follow on session for our Budgeting Workshop. This was really well attended and was easy to follow with some easily relatable tips and fantastic advice for managing your money!

Future workshops include Fire Safety around the home and First Aid





OVER 18'S
ONLY



Summer BALL

Live Music from
"Version"



Raffle



THURSDAY 11TH JUNE
2026
7PM-10PM

Tickets £18 per Person

(Contact the Office for Support Workers Tickets)

Buffet

FOR TICKETS & INFO please contact the
Our Way Self Advocacy office
01562 820 262

Kidderminster Harriers Social Club, Stadium Cl,
Hoo Rd, Kidderminster DY10 1NB

OUR WAY EVENTS



LET'S GO

ADVENTURE

Well, we may have had a few wet months, but the sun has finally started to come out and it hasn't stopped any of our events and trips out and about! Since the end of January we have visited Worcester Commandry, Birmingham's Think Tank, Stratford Butterfly Farm, Bridgenorth Market, and Cotswold Wildlife Park! We have also been climbing at Wyre Forest Leisure Centre, keep fit sessions at Youth House with the wonderful Luan, walks around Springfield Park, Bodenham Arboretum and the Rifle Range.

Remember, if you have any ideas or suggestions for trips and events, get them on the list in the Our Way Office, as this is where our events calendar is created from!



Springfield Park Walk



Keep Fit Session



Indoor Climbing



Paddle Tennis



Think Tank



Think Tank



Butterfly Farm



Butterfly Farm



Bodenham Arboretum



Bridgnorth Market



Bridgnorth Market



Rifle Range Walk

DATES FOR YOUR CALENDAR

UPCOMING
EVENTS


Please pay for events when booking, with as much notice as possible to secure your place, as our events fill up quickly.

We welcome online payments wherever possible.

When booking online, please make a reference to the event you are attending.

Our Bank Details are: **Our Way Self Advocacy.**

HSBC: Sort Code: 40-40-01 Account Number: 12695014

DATE	TIME	EVENT	WHERE	COST
Tuesday 28 th April	11am-1pm	Men's Group 	Walk in Bewdley Meet in Dog Lane Car Park DY12 2EF	Money for Lunch & Refreshments
Friday 1 st May	10:30am-2pm	Severn Valley Country Park 	Bridgnorth Contact us to book your space on the minibus. Limited Spaces	£5 Plus spending and Lunch money or packed lunch
Tuesday 5 th May	11am-1pm	Ladies' Group 	Talking Health Youth House	£5
Friday 8 th May	10:30am-12:30	Keep Fit 	Youth House	£5
Tuesday 12 th May	11am-1pm	First Aid Workshop 	Youth House	Free



EVENTS CONTINUED...

DATE	TIME	EVENT	WHERE	COST
Friday 15 th May	10:30am-12:30	Gardening Session 	Stourport Contact us for more information	Free
Tuesday 19 th May	11am-1pm	Craft Session 	Youth House	Free
Friday 22 nd May	10:30am-12:30	Walk 	Springfield Park Meeting there Springfield Ln, Kidderminster DY10 2PS	Free
Tuesday 26 th May	11am-1pm	Men's Group 	Sports Activites Youth House	£5
Friday 29 th May	10:30am-12:30	Sports Session 	Youth House	£5
Tuesday 2 nd June	11am-1pm	Ladies' Group 	Sports Activities Youth House	£5
Friday 5 th June	10:30am-12:30	Gardening Session 	Stourport Contact us for more information	Free
Thursday 11 th June	7pm-10pm	Summer Ball 	Kidderminster Harriers Social Club Stadium Cl, Hoo Rd, Kidderminster DY10 1NB (Contact the office to book your ticket, and dietary requirement)	£18 Plus money for bar & Raffle
Friday 12 th June	10am-5pm	All Things Wild 	Evesham Contact us to book your space on the minibus. Limited Spaces	£15 Plus spending & Lunch money
Tuesday 16 th June	11am-1pm	Craft Session 	Youth House	Free



EVENTS CONTINUED...

DATE	TIME	EVENT	WHERE	COST
Friday 19 th June	1pm-4pm	Side By Side Theatre Company 	The Captains Child Contact us to book your space on the minibus. Limited Spaces	£15
Friday 26 th June	10:30am-12:30	Canal Walk 	Meet at the Bandstand at Brintons Park	Free
Tuesday 30 th June	11am-1pm	Men's Group 	Talking Health Youth House	£5
Friday 3 rd July	10:30am-12:30	Keep Fit 	Youth House	£5
Tuesday 7 th July	10am-4pm	Ladies' Group 	Birmingham Toca Football Travelling by train Meet at Kidderminster Station	Money for train & Lunch. Entry £13.00
Friday 10 th July	10am-5pm	Midland Air Museum 	Contact us to book your space on the minibus. Limited Spaces	£15 Bring a packed lunch or money for cafe'
Friday 17 th July	9.30am-4pm	Worcester Travel Training 	Contact us to book your place	£8 plus spending and lunch money
Tuesday 21 st July	11am-1pm	Craft Session 	Youth House	Free
Friday 24 th July	10:30am-12:30	Walk 	Walk in Bewdley Meet in Dog Lane Car Park DY12 2EF	Free
Tuesday 28 th July	11am-2:30pm	Men's Group 	Stourport Park	Money for fair & refreshments



OUR WAY WEEKLY SESSIONS

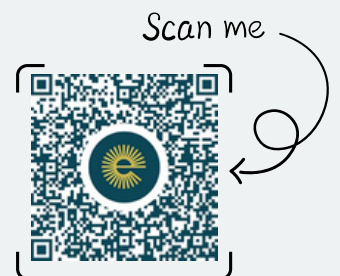
DAY	TIME	EVENT	WHERE	COST
Monday's	5pm-6:30pm	Young People's Group 	Youth House No Groups on 4 th & 25 th May. 20 th & 27 th July	£ 3
Wednesday's	5pm-6:30pm	Advocacy Group 	Youth House	£ 5
Thursday's	10am-10:45am	Zumba 	Youth House	£ 5
Thursday's	11am-1pm	Coffee Morning 	Youth House	Free
Sunday's	10:30am-11:30am	Football Training 	Wyre Forest Leisure Centre Last Training Session on 19 th July	£ 5

EASY FUNDRAISING APP

Did you know Our Way Self Advocacy has an EASYFUNDRAISING account which means that you can help us raise money every time you shop online, without it costing you a penny extra!!

With over 8000 participating retailers, ranging from your weekly food shop at Tesco, booking a holiday with Booking.com, Friday night takeaway with JUSTEAT, and even taking out insurance on Compare the Market, there's something for everyone! It only takes a few minutes to sign up. Join us here: <https://www.easyfundraising.org.uk/causes/ourway> or use the QR code below.

If you would like any more information about it please get in touch with one of the members of staff at Our Way



CONTACT DETAILS

CONTACT US

If you would like to take part in any of the sessions/activities or would like more information about them, please call one of the numbers below.

Please note, trips need to be paid for upon booking.

We will refund monies for cancelations if we are able to fill the space.

Unfortunately, you will still need to pay for your place even if you do not attend and we have not managed to fill your space.

Many Thanks for your understanding

IF YOU NEED ANY HELP OR ADVICE, PLEASE CALL ONE OF THE FOLLOWING NUMBERS:



OFFICE 01562 820262



CAROLINE: 07876 834 225

CAT: 07772 179 782

RICHARD: 07428 751 078

SELINA: 07906 267 641

ALTERNATIVELY, YOU CAN CONTACT US VIA OUR WEBSITE, EMAIL OR OUR FACEBOOK PAGE BELOW



WWW.FACEBOOK.COM/OURWAYCHARITY



WWW.OURWAY.ORG.UK

Our Way Self Advocacy, Youth House, Kidderminster, Worcs. DY10 1PF

E-mail: office@ourway.org.uk. Charity number: 1091939