



# Our Way self advocacy



Issue: February 2026

## NEWSLETTER



In December we danced the night away at Kidderminster Rugby Club, thanks to the enticing music from John the DJ which kept us all on the dancefloor, and in the festive spirit!!

With the raffle raising us over £150, and everyone that came having a fantastic time, the evening was a great success.

Thank-you to all the support and dedication of the volunteers, staff team, Trustees and of course the amazing members who came to enjoy the evening!!

# WHAT'S BEEN HAPPENING

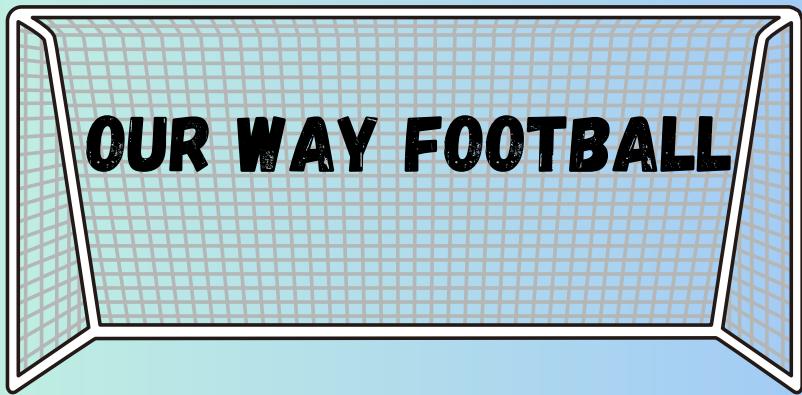


## YOUNG PEOPLE'S GROUP

The young people continue to enjoy their cooking during the club sessions, and enjoyed a Christmas Party in December with party games and food!

They have been planning their February and April trips, and we look forward to welcoming new members throughout the year!





Sunday mornings football sessions have been busy; In November we went to Evesham to play second tournament of the season where games were competitive, but everyone worked together and achieved some positive results. We ended the year with a festive touch with a visit from Father Christmas and his helpers.

On return from our Christmas break in January we have had a lot of fun and enjoyment hosting 2 friendly matches with Cookley and Evesham





# MEN'S & LADIES' GROUPS

During the autumn months the Men's Group choose indoor activities with a visit Webbs Garden Centre in Hagley where they were able to start some Christmas shopping and have a leisurely lunch. Their Christmas meeting saw them get together for a Christmas quiz and games.

Ladies' Group enjoyed a lovely morning at Coffee and Clay creating some wonderful pottery. They celebrated Christmas by going to The Land Oak for a get together and lunch. Everyone looked great in their Christmas jumpers.

We started the new year with a quiz and games plus lots of planning for the 2026 activities.

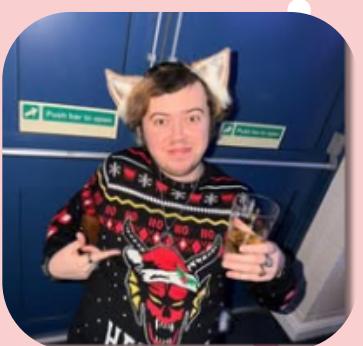
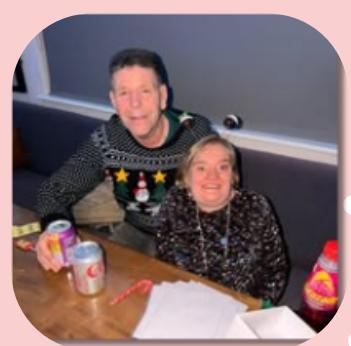


# Christmas Party

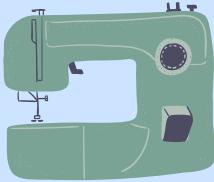


Let's  
party!

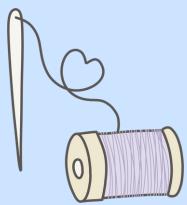
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Let's  
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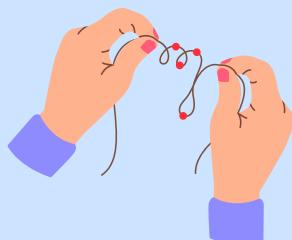


# CRAFT FAYRE



In November we held our second Craft Fayre at Youth House in Partnership with KDYT, Kidderminster & District Youth Trust. The day was a great success, and raised just under £400 to be split between the two charities!!

Our Free Craft sessions continue to be held at Youth House on the third Tuesday of the month, run by the wonderful Heidi, and the crafts are available to purchase at the first coffee morning of the month for a small donation.





# FUNDRAISING

**GIVE  SUPPORT**

In November Richard, our Fundraising Co-Ordinator, secured funds raised by players of the People's Postcode Lottery.

This grant, awarded by the Postcode Local Trust, is a fantastic boost helping us support our members over the next two years.

A big thanks to the players of the People's Postcode Lottery!



**Thanks For  
Your Support**



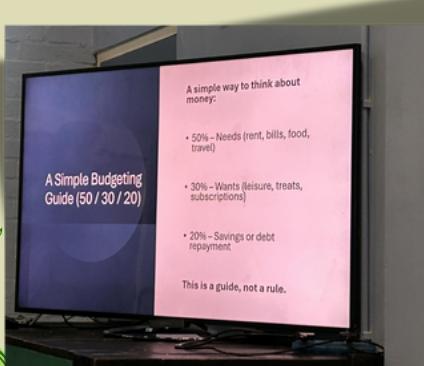
We would like to save a very special Thank-You to Wyre Forest School who chose us as their Charity to raise money for in their Christmas Cards appeal, which raised us over £290!!

We will put this towards our young peoples group, and it will be used on activities and equipment for them.



# BUDGETING WORKSHOP

## BUDGET PLAN



We have continued to hold our Bi Monthly Budgeting workshops, through support from

The National Lottery Community Fund.

In January we welcomed Naomi from Seetec Plus who joined us to chat about the exciting 5 year project they have recently started which supports people with disabilities into work.

Our next Budgeting workshop will be held on

Tuesday 10th March.



## AWARD WON BY MEMBER



In November, our very own Hamish won the 'Best Arts & Crafts' Award at the British Beekeeping Association Show for his amazing artwork.

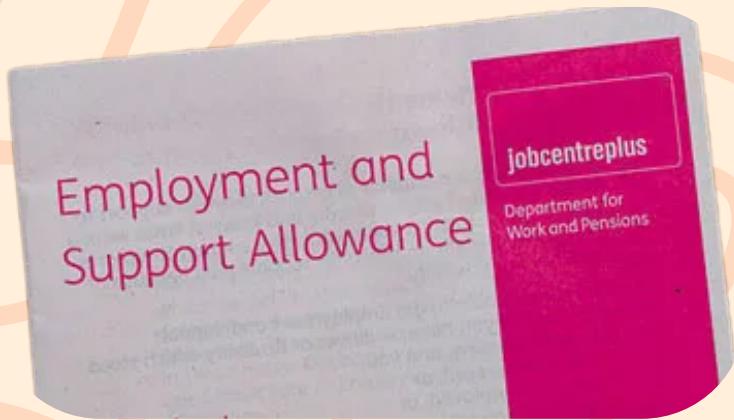
We wanted to say a big 'WELL DONE' to him!! As always, if anyone would like to purchase a piece of artwork created by Hamish please contact him via his email address:

[hsneworld@gmail.com](mailto:hsneworld@gmail.com)



We have been busy supporting a lot of our members and their carer's to make the move from ESA to Universal Credit. This can be seen as a scary step, as it can be thought of as a big change, but we are here and happy to help and support with the process.

We have good links with Kidderminster Job Centre and can hopefully make the transition as smooth as possible, so please get in touch if you're worried or concerned about this!



IT'S OKAY  
to ASK  
For HELP



# OUR WAY EVENTS



LET'S GO  
ADVENTURE

The winter months may have bought us some miserable weather, but it hasn't stopped much! With the rain and gale force winds forcing us to cancel the walk in the Wyre Forest we took to Hodgehill Garden Centre and Café instead, and Storm Goretti forcing us to cancel our much anticipated trip to Bodenham Arboretum we have rebooked for February! We have enjoyed a train journey into Birmingham to visit the Sealife Centre, Merry Hill Shopping Centre for some retail therapy, and Malvern theatre for their very funny and entertaining Jack and the Beanstalk Pantomime. We have also had various walks around the area including Springfield and Brintons Parks, Keep fit sessions with the wonderful Lu, and we completed our Events programme with a trip to Mulligans Golf in Worcester!!



Habberley Valley Walk



Go Karting



Go Karting



Merry Hill Shopping



Merry Hill Shopping



Hodgehill



Sea Life Centre



Sea Life Centre



Springfield Park Walk



Malvern Pantomime



Malvern Pantomime



Keep Fit Session

# DATES FOR YOUR CALENDAR

UPCOMING EVENTS

Please pay for events when booking, with as much notice as possible to secure your place, as our events fill up quickly.

We welcome online payments wherever possible.

When booking online, please make a reference to the event you are attending.

Our Bank Details are: **Our Way Self Advocacy.**

**HSBC: Sort Code: 40-40-01 Account Number: 12695014**

DATE	TIME	EVENT	WHERE	COST
Tuesday 3 <sup>rd</sup> February	11am-1pm	Ladies' Group 	Webbs Garden Centre Hagley	TBC
Friday 6 <sup>th</sup> February	10:30am-2pm	Walk 	Bodenham Arboretum Contact us to book your space on the minibus. Limited Spaces	£10 Plus money for lunch at Cafe'
Friday 13 <sup>th</sup> February	10.30am- 3.30pm	Worcester Commandry 	Worcester Contact us to book your space on the minibus. Limited Spaces	£12
Tuesday 17 <sup>th</sup> February	11am-1pm	Craft Session 	Youth House	Free
Friday 20 <sup>th</sup> February	10:30am-12:30	Walk 	Springfield Park Meeting there Springfield Lane, DY10 2PS	Free



**EVENTS CONTINUED...**

DATE	TIME	EVENT	WHERE	COST
Tuesday 24 <sup>th</sup> February	11am-1pm	Men's Group 	Youth House Sharing hobbies & interests	£5
Friday 27 <sup>th</sup> February	10:30am-12.30	Keep Fit Session 	Youth House	£5
Tuesday 3 <sup>rd</sup> March	11am-1pm	Ladies' Group 	Cooking Challenge Youth House	£5
Friday 6 <sup>th</sup> March	11:15am-12:30	Indoor Climbing 	Wyre Forest Leisure Centre Meeting there Contact us to book your place. Limited Spaces.	£10
Tuesday 10 <sup>th</sup> March	11am-1pm	Budgeting Workshop 	Youth House	Free
Friday 13 <sup>th</sup> March	9:30am-4:30pm	Think Tank 	Travelling by train, Meeting @ Kidderminster Train Station Please note there is a 15 minute walk to the venue	£20 Includes train & Entry
Tuesday 17 <sup>th</sup> March	11am-1pm	Craft Session 	Youth House	Free
Friday 20 <sup>th</sup> March	10am-5pm	Stratford Butterfly Farm 	Contact us to book your ticket and space on the minibus. Limited Spaces	£15 Plus money for lunch
Friday 27 <sup>th</sup> March	10:30am-12:30	Keep Fit Session 	Youth House	£5



**EVENTS CONTINUED...**

DATE	TIME	EVENT	WHERE	COST
Tuesday 31 <sup>st</sup> March	9am-3:30pm	Men's Group 	Interactive Football Experience Birmingham Meeting at Kidderminster Train Station at 9:15am	£15 Entry add train fare
<b>Friday 3<sup>rd</sup> April – Bank Holiday (No Events)</b>				
Tuesday 7 <sup>th</sup> April	11am-1pm	Ladies' Group 	Severn Valley Animal Rescue	TBC
Friday 10 <sup>th</sup> April	10am-4pm	Bridgnorth Market 	Contact us to book your space on the minibus. Limited Spaces	£5
Friday 17 <sup>th</sup> April	10:30am-12:30	Walk 	Rifle Range Meeting there 69 Rifle Range Road, DY11 7NN	Free
Tuesday 21 <sup>st</sup> April	11am-1pm	Craft Group 	Youth House	Free
Friday 24 <sup>th</sup> April	10am-5pm	Cotswold Wildlife Park 	Contact us to book your space on the minibus. Limited Spaces	£15 Bring a packed lunch or money for cafe'
Tuesday 28 <sup>th</sup> April	11am-1pm	Men's Group 	Walk in Bewdley Meet at Dog Lane Bewdley DY12 2EF	Money for lunch & refreshments



# OUR WAY WEEKLY SESSIONS

DAY	TIME	EVENT	WHERE	COST
Monday's	5pm-6:30pm	Young People's Group 	Youth House No Groups on 16 <sup>th</sup> Feb & 6 <sup>th</sup> Apr	£ 3
Wednesday's	5pm-6:30pm	Advocacy Group 	Youth House No Group on 28 <sup>th</sup> Feb	£ 5
Thursday's	10am-10:45am	Zumba 	Youth House	£ 5
Thursday's	11am-1pm	Coffee Morning 	Youth House	Free
Sunday's	10:30am-11:30am	Football Training 	Wyre Forest Leisure Centre No training on 15 <sup>th</sup> Mar & 5 <sup>th</sup> Apr	£ 5

## EASY FUNDRAISING APP

Did you know Our Way Self Advocacy has an EASYFUNDRAISING account which means that you can help us raise money every time you shop online, without it costing you a penny extra!!

With over 8000 participating retailers, ranging from your weekly food shop at Tesco, booking a holiday with Booking.com, Friday night takeaway with JUSTEAT, and even taking out insurance on Compare the Market, there's something for everyone!

It only takes a few minutes to sign up.

Join us here: <https://www.easyfundraising.org.uk/causes/ourway>  
or use the QR code below.

If you would like any more information about it please get in touch with one of the members of staff at Our Way Self Advocacy.

Scan me



# CONTACT DETAILS

CONTACT US

If you would like to take part in any of the sessions/activities or would like more information about them, please call one of the numbers below.

Please note, trips need to be paid for upon booking.

We will refund monies for cancelations if we are able to fill the space. Unfortunately, you will still need to pay for your place even if you do not attend and we have not managed to fill your space.

Many Thanks for your understanding.

**IF YOU NEED ANY HELP OR ADVICE, PLEASE CALL ONE OF THE FOLLOWING NUMBERS:**



**OFFICE 01562 820262**



**CAROLINE: 07876 834 225**

**CAT: 07772 179 782**

**RICHARD: 07428 757 078**

**SELINA: 07906 267 641**

**ALTERNATIVELY, YOU CAN CONTACT US VIA OUR WEBSITE, EMAIL OR OUR FACEBOOK PAGE BELOW**



**WWW.FACEBOOK.COM/OURWAYCHARITY**



**WWW.OURWAY.ORG.UK**