



Our Way
self advocacy



Issue: August 2026

NEWSLETTER SUMMER PARTY



The Band 'Version' were fantastic, and over 90 of us spent the evening on the dancefloor enjoying all they had to offer, from song requests, to joining in playing the instruments, they really had us in the mood to party!!

Kidderminster Harriers Social & Supporters Club were great as always, and we all had an amazing evening.

Thank-you to all the Staff, Vounteers and supporters who helped both on the night and on the leadup to the event, and of course to all the members who came!!

WHAT'S BEEN HAPPENING



YOUNG PEOPLE'S GROUP

Well, the young people have got their Summer Programme all planned out, from the initial ideas, to voting on which trips each member wanted to do, the young people have lead the way!

For their Half Term Trip in May they chose to go bowling, where we enjoyed a meal and some time in the arcades as-well!!

Young people have been enjoying cooking at their weekly young peoples group, along with new games that have been donated to us.





Our Way footballers had an exciting end to this season's football tournaments finishing runners up in the Worcestershire All Ability Counts league.

The final games were very close with the end results depending on a penalty shootout between the 2 top teams.

In between tournaments we have continued with our Sunday morning training sessions at the Wyre Forest Leisure Centre and for those who want to go at a gentler pace we have started to play walking football.





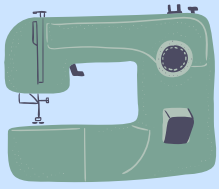
MEN'S & LADIES' GROUPS



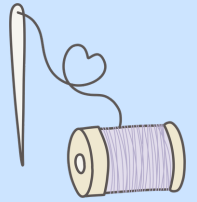
Health and wellbeing have been topics high on the agenda for both groups, with health professionals Claire and Kirsty joining our meetings giving members an opportunity to have informative discussions and ask meaningful questions.

The ladies' group have been putting their sporting skills to practice, with a visit to TOCA Social in Birmingham to play indoor football and enjoyed a fun sports session at youth house. While the Men's group chose to explore their local community and discovered new venues to play pool.





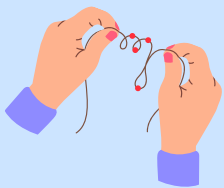
CRAFT SESSIONS



Our FREE to attend Craft sessions continue to be well attended and in July we were able to have a stall at the Berrington Court Summer Fayre.

From Mosaic Coasters to bookmarks members enjoy being creative and learning new skills.

Remember, that all the wonderful crafts are available for a donation at the first Coffee Morning of each month!!





TO THE TEAM KAREN!



Thanks to both Albert Gubay and The Bailey Thomas Charitable Fund we have been able to recruit and welcome the wonderful Karen to the Our Way Self Advocacy Staff Team!! Karen will be supporting our members with lots of their individual needs from benefit support, to housing, appointments and anything else they need!!

BENEFITS

Karen has been attending lots of our groups and sessions over the last month, so as to get to know all our members and how we operate as a Charity, so you may have seen her around. If you feel you need some help or support with anything make sure to get in touch!!



The Baily Thomas
Charitable Fund

AG THE ALBERT GUBAY
CHARITABLE FOUNDATION



FUNDRAISING

GIVE 
SUPPORT 

Over the past year Kidderminster Catenians have been raising money for us, as their Chairman Charlie Villa chose Our Way Self Advocacy as his Charity, we were very saddened to hear the news of his recent passing, our condolences go out to his family.

We are incredibly grateful to everyone at Kidderminster Catenians for their support, the money raised has gone towards our Young Peoples Summer Programme.

Thank-you.



Our Way

1K followers • 50 following

Our Way Self-Advocacy is a user-led charity supporting people with learning disabilities or autism across Worcestershire.

■ Charity organisation

 Donate

 Following

 Message

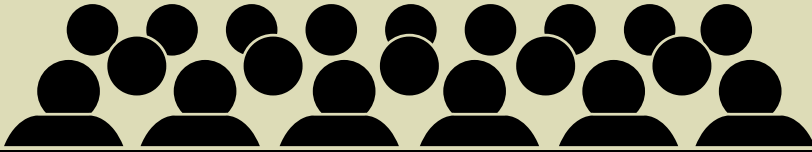
We have also added a 'donate' button to our Facebook page and Website allowing people to make donations to us, as-well as through their own 'GoFundMe' pages for sponsorship events. We are truly grateful to everyone that makes donations, they are a great support to us!

Thank-You!

*Thanks For
Your Support* 



WORKSHOPS



In June members that participated in the Digital Inclusion Workshops in November and April were invited to go along to the Official Launch at Worcester Cricket Club, where we were able to give feedback to other professionals, and support Stacey and Helen in the next steps to the project.

Members were invited to share their journeys with the rest of the room, which Nisha did very well!!



In July we welcomed back Tony to run our First Aid Workshop, where members refreshed existing skills and learnt new ones. We covered First Aid around the home, such as Burns, Choking, Plasters and Bandaging as-well as Recovery Position,, Seizures and much more!! Members were encouraged to ask questions and practice on each other.

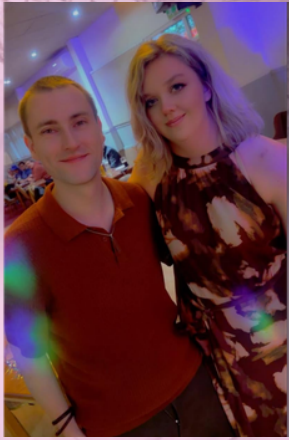


FIRST AID





Summer Ball





Summer Ball



OUR WAY EVENTS



LET'S GO
ADVENTURE

The last 3 months have seen us visiting some lovely places, and we have been so lucky with the weather!!—Unfortunately the heat got the better of us in July and we had to postpone our trip to Midland Air Museum until September, but we visited The Wyre Forest for a lovely shaded wander around the Gruffalo trail instead.

Members have enjoyed spotting lots of wildlife around All Things Wild, Cotswold Wildlife Park and Severn Valley Country Park, and we have had some stunning walks around Springfield Park, Brinton Park, along our local Canals and Bewdley. We have also kept fit and active with Keep fit and sports sessions!!

If you have any ideas or suggestions for trips please make sure you get them down on the ideas board which is in the Office, as this is where the Events Calendar is created!!



Cotswold Wildlife Park



Cotswold Wildlife Park



Severn Valley Country Park



Keep Fit



Springfield Park



Talbot Park



Sports Session



All Things Wild



Side by Side Theatre



Wyre Forest Walk



Worcester Travel Training



Bewdley Walk

DATES FOR YOUR CALENDAR

UPCOMING
EVENTS

Please pay for events when booking, with as much notice as possible to secure your place, as our events fill up quickly.

We welcome online payments wherever possible.

When booking online, please make a reference to the event you are attending.

Our Bank Details are: **Our Way Self Advocacy.**

HSBC: Sort Code: 40-40-01 Account Number: 12695014

DATE	TIME	EVENT	WHERE	COST
Tuesday 28 th July	10.30am–2pm	Men's Group ♂	Stourport Park	Money for Fair & Refreshments
Friday 31 st July	10.30am–12.30	Gardening 🌱	Youth House	Free
Tuesday 4 th August	10.30am–2pm	Ladies' Group ♀	Flower Farm Visit, Contact the Office to book your place	£8 + Spending money, bring a packed lunch
Friday 7 th August	10am–3pm	Ludlow Market 🏠	Meet at Youth House, Contact the office to book your space on the mini bus, Limited Spaces	£5
Friday 14 th August	11.30am–2pm	BBQ, Karaoke & Games 🍖	Youth House	£8
Tuesday 18 th August	11am–1pm	Craft Group 🧰	Youth House	Free



EVENTS CONTINUED...

DATE	TIME	EVENT	WHERE	COST
Friday 21 st August	11am-2pm	Walk & Lunch 	Meet at the Bandstand at Brintons Park	Bring Money for Lunch
Tuesday 25 th August	11am-1pm	Men's Group 	Youth House	£5
Friday 28 th August	10.30am-3pm	Tenpin Bowling in Worcester 	Meet at Youth House Contact the office to book your space on the mini bus, Limited Spaces	£5 Bring money for Food & Drink

Monday 31st August-Sunday 6th September
CLOSEDOWN WEEK, NO GROUPS OR SESSIONS

Tuesday 8 th September	11am-1pm	Ladies' Group 	Youth House	£5
Friday 11 th September	10:30am-12:30	Sports & Games Session 	Youth House	£5
Tuesday 15 th September	11am-1pm	Craft Group 	Youth House	Free
Friday 18 th September	10.30am-12.30	Keep Fit Session 	Youth House,	£5
Friday 25 th September	10am-12.30	Carpet Factory Museum 	Meet at Youth House (Then we will be walking down to the museum, located next to Morrisons in Kidderminster)	£5



EVENTS CONTINUED...

DATE	TIME	EVENT	WHERE	COST
Tuesday 29 th September	TBC	Men's Group 	TBC	TBC
Friday 2nd October	10am-5pm	Midland Air Museum 	Rescheduled from July- Fully Booked	£15 Bring a packed lunch or money for the Cafe
Tuesday 6 th October	9.30am-3pm	Ladies Group Shopping in Birmingham 	Meet at Kidderminster Train Station	Train Fare + Spending Money
Friday 9 th October	11am-3.30pm	Mr Mulligans Golf 	Worcester Contact the office to book your space on the mini bus, Limited Spaces	£10 + money for lunch
Friday 16 th October	10.30am-12.30	Keep Fit Session 	Youth House	£5
Tuesday 20 th October	11am-1pm	Craft Group 	Youth House	Free
Friday 23 rd October	10.30am-12.30	Walk Springfield Park 	Meet There Springfield Lane, Kidderminster, DY10 2PS	Free Bring money for the cafe
Tuesday 27 th October	11am-1pm	Men's Group 	Youth House	£5
Friday 30 th October	10am-12.30	Full Throttle Raceway, Karting 	Meet at Youth House Contact the office to book your space on the mini bus, Limited Spaces	£30



OUR WAY WEEKLY SESSIONS

DAY	TIME	EVENT	WHERE	COST
Monday's	5pm-6:30pm	Young People's Group 	Youth House Returns 14 th September, No Group on 23 rd October	£ 3
Wednesday's	5pm-6:30pm	Advocacy Group 	Youth House No Group on 2 nd September	£ 5
Thursday's	10am-10:45am	Zumba 	Youth House No Session on Thursdays 27th August, 3 rd & 10 th September	£ 5
Thursday's	11am-1pm	Coffee Morning 	Youth House No Group on Thursday 3 rd September	Free
Sunday's	10:30am-11:30am	Football Training 	Wyre Forest Leisure Centre Returns 13 th September	£ 5

EASY FUNDRAISING APP

Did you know Our Way Self Advocacy has an EASYFUNDRAISING account which means that you can help us raise money every time you shop online, without it costing you a penny extra!!

With over 8000 participating retailers, ranging from your weekly food shop at Tesco, booking a holiday with Booking.com, Friday night takeaway with JUSTEAT, and even taking out insurance on Compare the Market, there's something for everyone! It only takes a few minutes to sign up. Join us here: <https://www.easyfundraising.org.uk/causes/ourway> or use the QR code below.

If you would like any more information about it please get in touch with one of the members of staff at Our Way

Scan me



CONTACT DETAILS

CONTACT US

If you would like to take part in any of the sessions/activities or would like more information about them, please call one of the numbers below.

Please note, trips need to be paid for upon booking.

We will refund monies for cancelations if we are able to fill the space.

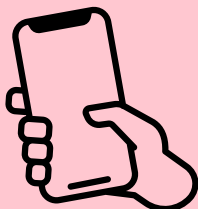
Unfortunately, you will still need to pay for your place even if you do not attend and we have not managed to fill your space.

Many Thanks for your understanding

IF YOU NEED ANY HELP OR ADVICE, PLEASE CALL ONE OF THE FOLLOWING NUMBERS:



OFFICE 01562 820262



CAROLINE: 07876 834 225

CAT: 07772 179 182

KAREN: 07549 727 126

RICHARD: 07428 757 078

SELINA: 07906 267 641

ALTERNATIVELY, YOU CAN CONTACT US VIA OUR WEBSITE, EMAIL OR OUR FACEBOOK PAGE BELOW



WWW.FACEBOOK.COM/OURWAYCHARITY



WWW.OURWAY.ORG.UK

Our Way Self Advocacy, Youth House, Kidderminster, Worcs. DY10 1PF

E-mail: office@ourway.org.uk. Charity number: 1091939